



AVASAR
NEPAL
EDUCATION FOR EMPOWERMENT

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about us

who we are

Avasar Nepal (AN) is a non-profit making, non-governmental organization (NGO), registered in Kathmandu, Nepal. Avasar in Nepali means "Opportunity" and Avasar Nepal was created with this very notion to be a bridge to provide opportunity to adolescent girls in the very remote villages of Nepal through the help of education.

mission

To provide the basic rights of education to the girls in the remote areas of Nepal in order to empower them to strengthen their skill development and help them to make their own decisions in their families and communities.

vision

To minimize the risks of early marriage, child labor, human trafficking, sexual harassment and school dropout, it is important that all the adolescent girls in the remote areas of Nepal should have the equal access to education and resources. Our vision is to mitigate these facts and for them to be the direct beneficiaries of our project.

goal

Help and improve equal access for women to social, economic, political and educational sectors.



proeject “Ikasi”

Avasar Nepal has been running the “Ikasi” project in collaboration with Nepaldala and InterHands. The Ikashi project focuses on providing full funding for girl’s education. Under this project, Avasar Nepal has been supporting girls from Bajhang by providing them with facilities such as education, accommodation, basic hygiene and dignity needs, extra-curricular activities such as dance, singing, and taekwondo along with tuition classes.

We currently have 11 girls from the far west who live in Avasar Nepal headquarter in Kathmandu and are being supported through this project.

The team members select girls from rural areas of Bajhang with underprivileged socio-economic backgrounds. The selection mechanism emphasizes all-round excellence coupled with a strong commitment to social responsibility so that the girls can be effective, and become positive change-makers in the future. We expect our girls to sustain their excellent record, take ownership of their education by all means possible, nurture a sense of giving to others in need, and facilitate better and more equitable outcomes in their communities in days to come.



our team



Kamal Khsetri
Project Coordinator



Bijaya Baskota
Project Officer



Indira Dahal
Housekeeping

Our team is a diverse group of individuals with a shared passion for helping our girls become more empowered and help them to develop their skills to be able to make their own life decisions.

We thrive on collaboration, working seamlessly together to achieve our goals. Each team member brings a unique set of skills and experiences to the table, creating a dynamic environment that fosters creativity and growth.

OUR girls



Durusa Rokaya



Kabita Rokaya



Menuka Bohara



Chadani Bohara



Smriti Rokaya



Iswari Nepali



Laxmi Nepali



Kabita Bohora



Rumala Kumari Bohara



Amrita Rokaya



Bimala Bohara

working areas



Education, Accommodation, Medication

- Funding support to girls for school/college enrollment including extra-curricular activities, transportation, and stationery items.
- The girls live in a rented apartment in Kathmandu where food and basic needs like food, water, and clothes are provided so they can focus on their studies.
- Regular health checkups including any emergency medical requirement are taken care of free of cost.

Focus on extracurricular activities, talents

- Each month the girls are provided with the opportunity to visit different parts of the city to broaden their learning experience.
- Each girl is provided with the opportunity to enhance their skills by providing various training such as dancing, singing, and taekwondo.

Social awareness training

- Every month the girls participate in the workshop on various social issues and life skills such as sexual harassment, gender-based violence, empowerment, and child marriage. The girls are motivated to openly speak about issues that they feel is important and participate actively in such workshops.

updates



september updates

1. Yearly retreat at White House Resort:

This September, all the staff members of Avasar Nepal and the girls - embarked on a special refreshment trip to the White House Resort. The motive behind this visit was twofold: to provide an opportunity for everyone to reenergize themselves and to explore the beautiful surroundings of the resort area.

On the first day, the group traveled to the White House Resort, where they checked in and spent the evening enjoying the peaceful environment. The resort's serene atmosphere provided a much-needed respite from the hustle and bustle of daily life, allowing everyone to relax and unwind.

The following day, the Avasar Nepal team set out on a small hiking adventure to explore the nearby Taudaha pond. The pond, nestled amidst lush greenery, offered a picturesque setting for a stroll. The group enjoyed the tranquil surroundings and took in the natural beauty that the area had to offer.

2. Organisational renewal process completed:

The renewal process required coordination with multiple relevant authorities, including the Ward Office, Social Welfare Council, and the District Administrative Office (DAO) in Kathmandu. Each of these entities plays a crucial role in overseeing and regulating the operations of non-profit organizations within their respective jurisdictions.

To ensure a smooth renewal process, Avasar Nepal meticulously compiled the required documents, forms, and reports mandated by each authority. These documents provide a comprehensive overview of the organization's activities, financial records, and compliance with applicable regulations.

3. Financial Compliance and Audit Process:

Avasar Nepal places a strong emphasis on maintaining financial transparency, adhering to regulations, and ensuring compliance with all applicable laws and procedures. As part of this commitment, the organization recently completed its annual audit and obtained the necessary tax clearance certificates.

4. College Admission Assistance and Operational Support for Rumala Bohara:

Rumala, driven by a passion for healthcare, expressed her desire to pursue a career in the medical field. After careful consideration and guidance from our team, she decided to enroll in the Health Assistant (HA) program at All Nepal College of Technical Education.

We are thrilled that Rumala has been admitted to the Health Assistant program at All Nepal College of Technical Education. Her determination and hard work have paid off, and we look forward to supporting her journey as she pursues her dreams in the healthcare field.

october updates

1. Ticket Booking for our girls to travel home during Dasain Festival:

To facilitate the travel plans of our girls, we proactively prepared the necessary documents and made arrangements for ticket booking. Our dedicated staff meticulously gathered the required information, such as travel dates, destinations, and personal details, to ensure accurate and hassle-free ticket purchases.

Furthermore, we coordinated with the bus counter to secure comfortable and reliable transportation for the girls. Our team worked closely with the bus operators to confirm schedules, routes, and other logistical details, ensuring a smooth and enjoyable travel experience for our girls.

2. Installation of Water Filter:

At Avasar Nepal, we are committed to providing a safe and healthy living environment for our girls. This month, we addressed a pressing issue at our Kapan house by installing a new water filter to ensure improved access to clean drinking water.

The Kapan house, where our girls reside, has been facing challenges with the existing water filter system. The old filter was not functioning optimally, which raised concerns about the quality and safety of the drinking water available to our girls.

Recognizing the importance of access to clean and safe drinking water, our team promptly took action. We thoroughly assessed the situation and replaced the malfunctioning water filter with a newer and more efficient system.

3. Logistical Support for Girls' Travel: Facilitating Homebound Journey for Dashain and Tihar Celebrations

We ensured that the transportation arrangements were tailored to the specific needs of our girls, taking into account factors such as safety, comfort, and accessibility. Our team made every effort to select reliable and reputable transportation providers, prioritizing the well-being of our girls throughout their journey.

By providing comprehensive logistical support, we aimed to alleviate any potential stress or concerns our girls may have had regarding their travel plans. Our goal was to create a seamless and enjoyable experience, allowing them to focus on the joy of reuniting with their families and celebrating these cherished festivals together.

4 . Welcoming Txaro, a Volunteer English Teacher from the Basque Country:

Txaro's arrival at Avasar Nepal was met with great enthusiasm and excitement. Hailing from the Basque Country, she brings a unique perspective and valuable linguistic skills to our organization. We are honored to have her join our team and contribute to the education and empowerment of our girls for the next 7 months.

Through her volunteer work, Txaro will be conducting regular English classes, tailoring her teaching methods to cater to the diverse learning styles and proficiency levels of our girls. She will employ interactive and engaging techniques to make language learning an enjoyable and rewarding experience. By immersing our girls in English conversations and providing them with opportunities to practice their speaking, reading, and writing skills, Txaro aims to enhance their confidence and fluency in the language.

november updates

1. Coordinating with Smart Paani for Water Filtration System Maintenance:

This month, we coordinated closely with representatives from Smart Paani to conduct maintenance on the water filtration system installed outside our house. This proactive measure was taken to ensure the continued efficiency and effectiveness of the filtration system, ensuring our girls have access to clean, safe drinking water at all times.

Our team worked closely with the Smart Paani representatives to schedule a convenient time for their visit, ensuring minimal disruption to our daily operations. We provided them with all the necessary information and access to the water filtration system, allowing them to carry out a thorough assessment and maintenance process.

During their visit, the Smart Paani team performed a comprehensive cleaning of the water filtration system, which involved dismantling various components and thoroughly cleaning them to remove any buildup or sediment. This maintenance process is crucial to maintaining the system's optimal performance and preventing any potential issues that could compromise the quality of the water.

2. Comprehensive Healthcare Support: Eye Check-ups:

Eye Check-ups: Understanding the importance of regular eye examinations, we arranged for eye check-ups for our girls. We partnered with a team of experienced optometrists who visited our premises and conducted thorough eye examinations for each girl. This proactive approach allowed us to identify any potential vision problems or eye-related issues at an early stage, enabling prompt intervention and treatment.

During the eye check-ups, the optometrists assessed various aspects of our girls' eye health, including visual acuity, refractive errors, and any signs of eye diseases or conditions. They provided personalized recommendations, prescribed corrective lenses or eyeglasses if needed, and offered guidance on maintaining good eye health.

By organizing these eye check-ups, we aimed to ensure that our girls have clear and comfortable vision, which is essential for their academic performance, daily activities, and overall quality of life.

contact

E-mail avasarnepal@gmail.com
Website www.avasarnepal.com.np
Phone +977 1 4821206
Address Kapan, Tenzing Chowk
Budanilkantha-12
Kathmandu,
Nepal

